NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
1 5:00p Cozy Cocoa & Cookies @Firepit by the Pool	**2** 10:00a Intro to Fitness Join Eyoel in the gym to learn how to use the equipment! 7:00p Movie Night A Man Called Otto @ Theater	**3** 9:30a Build Your Best Omelet Omelet Bar @ Great Room 10:30a Mexican Train Join in Great Room! 11:00a Lunch & Learn Join Tech Peace to learn an in depth guide on how to use devices 6:30p Beginner Yoga Learn yoga with Nasim	**4** 5:00p Brews and Bites Discover the world of beer 6:00p Unwind w/ Lynne Unwind your mind through stretch 6:30p Market Insights: Kathy Beck Real Estate insight with Kathy Beck	**5** 10:00a Beginner Mat Pilates Learn pilates with friends for all levels! 10:30a Medicare Clinic Open House with Vince to pick your 2027 plan 5:00p Cork & Canvas Unlock your inner Van Gogh.. or just a bottle either way come unwind with a Paint & Sip!	**6** 9:30a Bent Tree Brew Club Join us as we explore coffee from our favorite local coffee shops 5:00p Kathleen Langone Book club with local author	**7** 1:00p Fitness Bootcamp Join Eyoel in the gym for a great workout! 11:00a-3:00p Swap Day Swap out the old for the new!! 3:00p Left, Right, Center Join in Great Room!
8 5:00p Pretzels & Pours Bring: A beverage of your choice and your favorite salty snack (pretzels, nuts, popcorn, chips, etc.).	**9** 10:00a Strength in Motion Join Eyoel in the gym for a great workout! 10:30a Meidicare Clinic Open House with Vince to pick your 2027 plan 5:00p Trivia Night Join Aging is Cool for Trivia Night 7:00p Movie Night The Best Exotic Marigold Hotel @ Theater	**10** 9:30a Sunrise Smoothie Bar Smoothie Bar @ Great Room 10:30a Mexican Train Join in Great Room! 5:00p Birthday Celebration Get ready to Guess the Baby! 5600p Sleep Clinic Learn how your sleep affects your healthy!	**11** 5:00p Veterans Day Celebration Come celebrate our Veterans with us! 6:00p Unwind w/ Lynne Unwind your mind through stretch 6:30p Downsizing w/ Renee Learn to downsize your home.	**12** 11:00a Beginner Mat Pilates Learn pilates with friends for all levels! 12:00pm - 2:00 pm Salon Open House Meet Elates newest stylist! 5:00pm Gratitude Gala Plated family style dinner - Dress to impress!	**13** 9:30a Bent Tree Brew Club Join us as we explore coffee from our favorite local coffee shops 5:00p 75th Birthday Celebration!	**14** 11:00a Friendsgiving Mixer&Brunch Brunch @ Great Room 1:00p Fitness Bootcamp Join Eyoel in the gym for a great workout! 2:00p Seminar with Tech Peace Come learn about Scam Protection with Tech Peace!
15 5:00p Wine & Cheese Bring: Wine, cider, or your favorite beverage along with a cheese, cracker, fruit, or charcuterie item.	**16** 10:00a Strength in Motion Join Eyoel in the gym for a great workout! 4:00p Town Hall Get your questions answered in a Q&A style meeting 7:00p Movie Night The Intern @ Theater	**17** 9:30a Acai You There! Acai Bar @ Great Room 12:00p Lunch with Experior Learn about basical financial 101! 6:30p Beginner Yoga Learn yoga with Nasim	**18** 5:00p Taco "Bout a Good Time Marg's, Mexican beer, taco bat 5:00p Prepare your Finances Join Vincent and learn your finances! 6:00p Unwind w/ Lynne Unwind your mind through stretch	**19** *11:00a* *MAP WELLNESS TESTING* 11:00a Lunch and Learn with Medisenior Care! 4:30p Strength and Balance for Everyday Living! 6:00p Blue Zones: Cooking Class	**20** 9:30a Bent Tree Brew Club Join us as we explore coffee from our favorite local coffee shops 4:00a Holiday Market Join us for shopping at the Holiday Market at Elate!	**21** 1:00p Fitness Bootcamp Join Eyoel in the gym for a great workout! 5:00p Blue Zones: Cooking Class Learn how to meal prep specialty soup!
22 5:00p Pie & Hot Apple Cider Bring: A slice of your favorite pie or dessert and a warm beverage.	**23** 10:00a Strength in Motion Join Eyoel in the gym for a great workout! 7:00p Movie Night Charlie Brown Thanksgiving/ Charlie Brown Christmas/ How the Grinch Stole Christmas @ Theater	**24** 9:30a Quiche Please! Quiche Bar @ Great Room 6:30p Beginner Yoga Learn yoga with Nasim	**25** OFFICE CLOSED 1PM	**26** OFFICE CLOSED 11:30a Touchdowns & Turkey Full Turkey and the fixins Bears vs Lions 12 PM CST Eagles vs Cowboys 3:30 PM CST Chiefs vs Lions 7:20 PM CST	**27** OFFICE OPEN 1PM 3:00p Stretch Pants Social Join us for Post Holiday Potluck - Elastic Waistbands encouraged!	**28** 10:00a 1 Year Pickleball Tourney 1 Year Celebration, have a Pickle Tournament 11:00a Brunch & Juice Bar Enjoy some breakfast and juice bar to start the Saturday right! 1-4p StretchLab Join Eyoel for a stretch after a long month 3:00p Left, Right, Center Join in Great Room!
29 5:00p Popcorn & Pinot Bring: Wine or soda; Small Bites: Gourmet popcorn flavors, snack mixes.	**30** 7:00p Movie Night National Lampoons Christmas Vacation @Theater					

GREYSTAR™

EQUAL HOUSING OPPORTUNITY 55+

Regular Events

These events our residents lead consistenly throughout the month:

- 9:30a - Morning Coffee - Coffee @ Lounge
- 10:30am- Wednesdays Mexican Train- Game Room
- 7:00pm -Thursdays Game Night



ELATE 62+ LIVING

NEWSLETTER

NOVEMBER • VOL. 2026

Community Reminders

- Please sign up for events online! If there is no RSVP food will not be admitted.

- The office will be closed at 1pm Nov. 25

- Happy Thanksgiving! The office will be closed Nov. 26

- The office will be open at 1pm Nov. 27



Movie Night EVERY MONDAY in the Theater!



Elate Updates

FIRESIDE WITH SOME FLARE (SUN)
Sunday's with friends are fun, we decided to spice it up with a theme. Get ready for a good time!

ORDER UP!! (TUE)
Chef kicks off Tuesdsdays with a bang! Join us for some great breakfast options in the Great Room!

SELFIE READY (THU, 12)
We are happy to announce the Salon is open and ready for business! Keep calm, and go to the salon!

ESPRESSO YOURSELF! (FRI, 13 & 20)
Bent Tree Coffee Club coming to introduce you to new coffees from local coffee shops!

CONTACT US

Office Hours:
Mon-Fri 9:00a-6:00p
Sat 10:00a-4:00p
Sun 1:00p-5:00p

Phone:
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Reminder!

There's always something happening at Elate Bent Tree, and we'd love for you to be a part of it!

Be sure to check out the Calendar & Newsletter, Resident Portal, and community website to stay up to date on upcoming events, activities, and opportunities to connect with your neighbors.

If you see something that sparks your interest, come join us! Better yet, knock on a neighbor's door and invite them along. Many of our residents are new to the community and may feel a little nervous about attending an event for the first time. A friendly invitation can go a long way in helping someone feel welcome and connected.

If you're curious about an activity, you can find more details on the bulletin boards by the elevators or send us a Key Text.

We look forward to seeing you around the community and making more great memories together!

Warmly,
Trish West
Community Manager
Elate Bent Tree